

## Now Available at Laurent Bleu: Coffee Enema

### What is a Coffee Enema?

Going back as far in time to the rule of the ancient Egyptians, we can find the theory of internal cleansing for beneficial health effects. Coffee enema is one of the internal cleansing techniques discovered within the past century. It has been studied and recommended by scientists and health experts, most notably by Max Gerson, as a wonderful method of health maintenance, anti-aging, slimming, and as a preventive measure to cancers of various sorts.

The coffee Enema detoxifies your body and empowers your immune system. Due to its properties, it flushes out the top layer of the colon to remove toxins that affect the liver, killing bacteria as well. Many of those who have done homeopathic studies have put forward that Coffee Enema has properties that help neutralise negative vibrational energies within the body as well. The best part is that with almost a century of use in record there has not been any recorded negative side effect on the body with long term usage. On the contrary, some scientists have had candidates use it up to 6 times daily only to report an overall increase in health. In a nutshell, we can see the following benefits from regularly using Coffee Enema:

- Body detoxification
- Slimming
- Anti-aging properties
- Removing negative vibrational energy
- Cancer preventive properties
- Health maintenance
- Looking and feeling refreshed

For those of you who wish to be pampered, we also offer Coffee Enema Detox Stay Packages where you can benefit from the guidance of our own Laurent Bleu staff & a nutritious meal with room service in a half-day stay at one of our own suites at LeQuadri Hotel. Come and enquire about Laurent Bleu's very own Coffee Enema Packages today, and be the first to reap its benefits!